

August 29 Getting Off to a Running Start: Engaging Families in Early Childhood Obesity Treatment and Prevention

Medical **Davene Wright, PhD**, Assistant Professor, Department of Population Medicine, Harvard School and Harvard Pilgrim Health Care Institute; Associate Director, Division of Child Health Research and Policy (CHERP); Faculty Member, Division of Chronic Disease Across the Lifecourse (CoRAL)

- Discover psychological constructs that may prevent parents from accessing necessary preventive care
- Examine structural barriers to engagement in obesity treatment and prevention
- Devise behavioral economic-based approaches for encouraging behavior change

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Sept. 5 Update- AAP Guidelines for Pediatric Obesity

Bob Siegel, MD, Professor, Center for Better Health and Nutrition of the Heart Institute, Cincinnati Children's

Ashley Walthers, MD, Assistant Professor Pediatric Surgery, Cincinnati Children's

Roohi Kharofa, MD, Center for Better Health and Nutrition of the Heart Institute, Cincinnati Children's

Alison Wheeler, Registered Dietitian, Registered Dietitian II, Center for Better Health and Nutrition of the Heart Institute, Cincinnati Children's

Nick DeBlasio, MD, Associate Professor, Division of General Pediatrics, Cincinnati Children's
Christopher Bolling, MD

- Discuss the evidence behind the new AAP recommendations on the treatment of childhood obesity
- Recognize what the new guidelines means to those treating childhood obesity and the implications for patients

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Sept. 12 Envisioning Our Future

Early Life Origins of Pediatric and Adult Diseases: Envisioning A New Paradigm to Optimize Health Across the Lifespan and Generation

Xiaobin Wang, MD, MPH, ScD, Professor; Director, Center on the Early Life Origins of Disease; Johns Hopkins Bloomberg School of Public Health and School of Medicine

- Discuss the paradigm of developmental origins of health and diseases (DOHaD)
- Describe the relevant research regarding what and how early life factors could influence future disease risk, highlighting the complex interplay of genetic, epigenetic, and environmental factors during critical developmental windows
- Discuss challenges and opportunities to advance DOHaD research to inform ways that maternal and child health care and services are organized and delivered to optimize health across the lifespan and generation

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