

Mental Health Services – Updates (as of Apr 29, 2024)

- 1. **Psychiatric Intake Response Team (PIRC)** is available 24/7 for consultation at 513-636-4124.
- 2. **Bridge Clinic** has <u>same day availability</u> for in-person visits and virtual visits. Bridge Clinic provides a mental health assessment (virtually or in-person) if the family can keep the child safe until seen by a mental health provider.
- 3. **Partial Hospitalization Program (PHP)** has a <u>1 day wait.</u> PHP can be utilized for children with moderate to severe symptoms who do not need 24/7 hospitalization. The goal of PHP is to help children and teens learn how to better manage school anxiety, emotions, behavior problems, and issues related to mental illness. Referrals can be made using the PHP referral form. Navigate to the <u>Psychiatry webpage</u> and then click the 'refer a patient' button to download the form.
- 4. **Intensive Outpatient Program (IOP)** has <u>a 1½ week wait</u>. IOP is appropriate for children who are experiencing an increase in symptoms causing impairment not well managed in traditional outpatient settings. If suicidality is present, youth need to have received a safety assessment, have a safety plan in place, and have family support. Refer through BMCP by usual methods (noting IOP requested) or contact PIRC.
- 5. Behavioral Medicine and Clinical Psychology (BMCP) has a <u>consistent 8-</u> <u>week wait</u> time and provides outpatient psychology services for patients with chronic medical conditions and general mental health. They do not keep wait lists but will help families find community referrals if they cannot schedule. Providers can refer using Epic Link and families can call directly 513-636-8107.
- If your practice in interested in learning about integrating a behavioral health provider in your office through Cincinnati Children's, you can contact Jessica McClure directly at jessica.mcclure@cchmc.org